



AFFORDABLE CHIROPRACTIC CLINIC

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Electronic stimulation of your skin can be beneficial in many ways; contact the office if you would like to start these treatments:

Facelift:

- Schedule: twice a week for 6 weeks or three times a week for four weeks
- Duration of treatment: 30 – 45 minutes; ETR over the entire face .6Hz, 600 ma (or comfort level)
- Use: Tonification/ sedation
- Maintaining care: one treatment every 1- 3 months depending on lifestyle and age

Acne:

- Schedule: 3 times a week
- Duration: 20- 39 minutes; ETR over the entire face .6Hz, 600 ma (or comfort level)
- Maintaining care: as needed or every 1-3 months depending on lifestyle and severity

Severe Lines:

- Schedule: once per week
- Duration: 5 minutes; padding technique (per region)
- Maintaining care: if after four or five treatments wrinkles softened, you may begin regular facelift techniques

General Maintenance:

- One treatment every 1-3 months depending on lifestyle and severity
- For general well-being include auricular Divine Gate (Shenmen), LI 4, St 36 bilaterally